



**“Solutions for Healthy Lifestyles”™**

## Herbal Formulary

**2019**

### INTRODUCTION

***New!*** Orders are now conveniently taken by phone/text: 757-541-8646. Following your call or text, you will receive an invoice that includes a PayPal link. Click on the link to make a secure credit card or debit payment with PayPal. Following your purchase, a confirming receipt is emailed to you, and your order is processed.

THE NATURAL SAGE™ herbals are packaged in three convenient sizes, as a complement to your personal health practices.

Please note prices and product availability are subject to change, due to market fluctuations.

Every effort is made to acquire certified organics and responsibly wildcrafted herbs for our formulas. THE NATURAL SAGE™ herbal supplements are non-irradiated, and developed with no flowing agents, excipients, fillers, or harmful solvents. Our products are not tested on animals. In an effort to maintain an earth-friendly low carbon footprint, all formulas are packaged in FDA approved paper/polyfoil packaging that contributes less to landfill compared to rigid containers, such as plastic bottles. Our packaging is re-sealable, vapor-guarded; light impenetrable, and tamper-resistant.

Consult your Health Professional if you are pregnant, nursing, take medication, or have a medical condition, prior to supplementing with THE NATURAL SAGE™ herbals.

Exercise caution, and consult your Health Professional when combining over-the-counter drugs or pharmaceutical drugs and herbs/herbal formulas.

Consult your Health Professional before substituting any herbals for over-the-counter or pharmaceutical drugs.

Herbs and herbal formulas have been proven in clinical studies to have an effect. Therefore, please take and administer herbs with responsibility.

Herbal supplements are not intended to replace medical attention.

Please keep all herbal supplements out of the reach of children. Please read each herb formula label for best supplementation suggestions.

By purchasing THE NATURAL SAGE™ herbal supplements, consumers accept full responsibility for personal health and safety

Discontinue use of any product that causes any discomfort, and consult your Health Professional for advice in further use.

No sales or distribution of THE NATURAL SAGE™ herbals are permitted, unless by written agreement.

THE NATURAL SAGE™ herbals offer the following concept:

*“Remember to take one day off from all supplements each week, and allow your body time to clearly define progress in healing itself.”*

THE NATURAL SAGE™ herbals thanks you for your purchase, and supports you in your use of herbals and responsible health management.

These statements have not been evaluated by the Food and Drug Administration. Our products are not intended to diagnose, treat, cure, or prevent any disease.

THE NATURAL SAGE™ herbals are proudly made entirely in the United States of America.

**757.541.8646**

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**WELLNESS CONSULTATIONS**

Catherine, a gifted Healer-Medical Empath, has been providing analysis from photo images and voice patterns for 25 years. It's helpful to supply both *past* and *recent* photo images.

Usually, consultations are 15 minutes, which includes the brief interview. **(There is no consulting fee for our herbal clients, and new clients to our formulary.)** In the event you're under a physician's care for your health issues, please be advised Catherine is not a physician.

It's important in the latter part of your consultation to discuss with Catherine details of your health concerns, particularly: immune disorders such as Rheumatoid Arthritis, HIV, AIDS and Lupus; in order to determine which of her formulas are best suited for your wellness.

Prepayment for your appointment is through PayPal. You do not have to have an account in order to pay through PayPal. PayPal accepts credit and debit cards.

Upon your request, your consultation is digitally recorded and emailed to you.

Include your telephone number and email to contact you with any further details. (We do not sell or share your contact information.)

**Prepaid consultations are \$60 for 15 minutes.**



*Catherine looks forward to your success and improved health.*

"These statements have not been evaluated by the Food and Drug Administration. These products and services are not intended to diagnose, treat, cure, or prevent any disease."

THE NATURAL SAGE™ herbals are proudly made entirely in the United States of America.

757.541.8646

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**SKELETAL SYSTEM**

Arthritis • Bursitis • Osteoporosis  
**- 3 different package counts to choose-**

**BONE & CARTILAGE SUPPORT™**

**SKE101. - \$16 (90 ct) SKE101A- \$9 (45ct) SKE101B- \$5 (10ct)**

Builder for bones & cartilage. Effective for Rheumatoid/Osteoarthritis & Lupus.

**Ingredients:** Proprietary blend: Slippery Elm, Ashwagandha, Chickweed, MSM, Glucosamine Sulfate, Oatstraw, Rosehips, Bupleurum, Fo-Ti, White Willow, Passionflower, Ginger, Bromelain & Red Clover.

**NATURPROFEN™**

**SKE102. - \$16 (90 ct) SKE102A- \$9 (45ct) SKE102B- \$5 (10ct)**

Herbal anti-inflammatory for arthritis, muscle, bursitis & joint pain.

**Ingredients:** Proprietary blend: Turmeric, Pumpkinseed, Papaya, Rosehips, Slippery Elm, St. John's Wort, Ginger, Astragalus, Passionflower, Chamomile, Bupleurum & White Willow.

**NATURPROFEN/PM™**

**SKE103. - \$16 (90 ct) SKE103A- \$9 (45ct) SKE103B- \$5 (10ct)**

Herbal anti-inflammatory for arthritis, muscle, bursitis & joint pain, while promoting rest.

**Ingredients:** Proprietary blend: Turmeric, Passionflower, Chamomile, Pumpkinseed, Rosehips, Valerian, Papaya, Bupleurum, Slippery Elm, Pau D'Arco, & Ginger.

**MOTIONMAX™**

**SKE104. - \$16 (90 ct) SKE104A- \$9 (45ct) SKE104B- \$5 (10ct)**

Effective daily formula for symptoms of Neuralgia, Osteoarthritis, Rheumatoid Arthritis, Joint Pain & Soft Tissue Injuries.

**Ingredients:** Proprietary blend: MSM, Glucosamine Sulfate, Slippery Elm, Turmeric, White Willow, Red Raspberry, St. Johns Wort, Rosehips, Cayenne, Ginkgo & Valerian.

**IMMUNE SYSTEM**

Strengthens your physical defenses • Fights bacteria & viruses  
 - 3 different package counts to choose-

**CONTENDER™**

**IMM101.** - \$29 (90 ct) **IMM101A-** \$15 (45ct) **IMM101B-** \$10 (10ct)  
 Warts • Tumors • Cancer • AIDS/HIV • MRSA

**Ingredients:** Proprietary blend: Echinacea, Fo-Ti, Taheebo, Astragalus, Goldenseal, Ashwagandha, Garlic, Pumpkin, Bupleurum, Turmeric, Bromelain, Red Clover & Olive Leaf, Ginger.

**GREEN MÉLANGE™**

**IMM102.** - \$17 (90 ct) **IMM102A-** \$9 (45ct) **IMM102B-** \$5 (10ct)

Powerful food-based Superfood supplement, an immune building antiviral, with potent chlorophyll, amino acids and naturally occurring proteins.

*Important as a daily use formula.*

**Ingredients:** Proprietary blend: Spirulina, Chlorella, Barley Green & Wheat Grass.

**IMMUNE VITALE™**

**IMM103.** - \$29 (90 ct) **IMM103A-** \$15 (45ct) **IMM103B-** \$10 (10ct)  
 AIDS • HIV • AUTO IMMUNITY • MRSA

**Ingredients:** Proprietary blend: Barley Grass, Echinacea, Wheat Grass, Ashwagandha, Spirulina, Astragalus, Chlorella, Pau D'Arco, St. Johns Wort, Pumpkinseed, Fo-Ti, Bromelain, & Suma.

**RESTORE™**

**IMM104.** - \$29 (90 ct) **IMM104A-** \$15 (45ct) **IMM104B-** \$10 (10ct)

Strong immune system builder • Oxygenates blood and tissues for improved immune function • MRSA

*This formula is slightly stimulating, and is best taken in the morning.*

**Ingredients:** Proprietary blend: Astragalus, Echinacea, Fo-Ti, Suma, Ashwagandha, Bupleurum, Wheat Grass, Pau D'Arco, & Ginseng.

**IMMUNE SYSTEM**

Strengthens your physical defenses • Fights bacteria & viruses  
 - 3 different package counts to choose-

**THE DEFENDER™**

**IMM105.** - \$31 (90 ct) **IMM105A-** \$16 (45ct) **IMM105B-** \$10 (10 ct)

Effective herbal infection fighting antibacterial • Immune stimulating "Herbal Antibiotic"; effective for colds, virus, flu • MRSA & infections. **Ingredients:**

Proprietary blend: Echinacea, Goldenseal, White Willow, Taheebo, Slippery Elm, Garlic, Red Clover, St. John's Wort, Astragalus, Ginger & Ginkgo.

**"SUPERFLU" FORMULAS**

Severe Immune compromises in cold/flu season • Pneumonia  
 H1N1 • MERS • MERS-CoV

- 3 different package counts to choose-

**SUPER DEFENSE™**

**SDEF101.** - \$35 (90 ct) **SDEF101A-** \$19 (45ct) **SDEF101B-** \$12 (10 ct)

All natural long-acting herbal antibiotic for "Super Flu"-type viruses and severe upper respiratory infections. An alternative to chemical antibiotics, antihistamines and decongestants. Free of the "Drug Haze"/Sleepiness from prescriptions and over-the-counter drugs. Combine with **The Defender™** for fast and effective results.

**Ingredients:** Proprietary blend: Echinacea, Goldenseal, Slippery Elm, Taheebo, White Willow, Garlic, Red Clover, St. John's Wort, Ginger, Astragalus & Ginkgo.

**SUPER COLD/SINUS DEFENSE™**

**SDEF102.** - \$15 (45ct) **SDEF102A-** \$8 (10ct)

A natural, long-acting antihistamine; use it sparingly (no more than 4 daily).

(It is effective.) An herbal alternative to antihistamines and decongestants.

Free of the "drug haze/sleepiness" from prescriptions and over-the-counter drugs.

**Effective with upper respiratory infections including H1N1, Pneumonia,**

**MRSA, MERS, MERS-CoV.**

**Ingredients:** Proprietary blend: Mullein, Lungwort, Echinacea, Elder, Slippery Elm, White Willow, Pleurisy Root, Wild Cherry, American Ginseng, Valerian & Ginkgo.

**URINARY SYSTEM**

Kidney/Bladder Infections • Incontinence  
- 3 different package counts to choose-

**BLADDER BALANCE™**

URI101. - \$16 (90 ct) URI101A- \$8 (45ct) URI101B- \$5 (10ct)

Promotes bladder health and bladder vitality • Supportive with incontinence.

**Ingredients:** Proprietary blend: Pumpkinseed, Wood Betony, Taheebo, Goldenseal, Mullein, Raspberry & Ginger.

**KIDNEY GUARD™**

URI103. - \$14 (90 ct) URI103A- \$8 (45ct) URI103B- \$4 (10ct)

Nourishes and promotes kidney health • Blood builder.

**Ingredients:** Proprietary blend: Wood Betony, Taheebo, St. Johns Wort, Bupleurum, Slippery Elm, & Passionflower.

**KIDNEY STONE DEFENSE™**

URI104. - \$16 (90 ct) URI104A- \$8 (45ct) URI104B- \$5 (10ct)

Herbal support for kidney stones.

**Ingredients:** Proprietary blend: Wood Betony, Slippery Elm, Goldenseal, Pumpkinseed & Passionflower.

**PROSTATE HEALTH™**

URI105. - \$24 (90 ct) URI105A- \$12 (45ct) URI105B- \$9 (10ct)

Promotes prostate health and urinary consistency.

**Ingredients:** Proprietary blend: Saw Palmetto, Catuaba, Pumpkinseed, Wood Betony, Pau D'Arco, Pygeum, Goldenseal & Ginger.

**GOUT EASE™**

URI106. - \$18 (90 ct) URI106A- \$10 (45ct) URI106B- \$6 (10ct)

Promotes prostate health and urinary consistency.

**Ingredients:** Proprietary blend: St. Johns Wort, Wood Betony, Taheebo, Slippery Elm, Turmeric, Bromelain, & Ginger.

**INTESTINAL SYSTEM**

Cleanses Colon • Constipation • Colitis  
- 3 different package counts to choose-

**COLON EXPRESS™**

INT101. - \$14 (90 ct) INT101A- \$8 (45ct) INT101B- \$4 (10ct)

Effectively cleanses the colon of stubborn constipation with non-addicting regularity of "Expressions".

**Ingredients:** Proprietary blend: Cascara Sagrada, Buckthorn, Psyllium, Slippery Elm & Ginger.

**CANDIDA CLEANSER™**

INT102. - \$14 (90 ct) INT102A- \$8 (45ct) INT102B- \$5 (10ct)

Natural herbal protection for men and women to fight the effects of Candida.

**Ingredients:** Proprietary blend: Pueraria, Slippery Elm, Lapacho, Papaya, Olive Leaf, Turmeric, Red Clover, Wood Betony Black Walnut & Wormwood.

**PARA-CLEANER™**

INT103. - \$18 (90 ct) INT103A- \$9 (45ct) INT103B- \$5 (10ct)

Parasitic colon cleansing formula.

**Ingredients:** Proprietary blend: Lapacho, Echinacea, Garlic, Pumpkin Seed, Slippery Elm, Black Walnut, Goldenseal, Bromelain, Papain, Cascara Sagrada & Wormwood.

**ULCER COMFORT™**

INT104. - \$22 (90 ct) INT104A- \$11 (45ct) INT104B- \$7 (10ct)

Soothing comfort for stomach and colon irritation.

**Ingredients:** Proprietary blend: Goldenseal, Slippery Elm, Raspberry, Papaya & Bupleurum.

**RESPIRATORY SYSTEM**

Allergies • Asthma • Colds • Hay Fever  
- 3 different package counts to choose-

**FLUMAX™**

**RES105.** - \$17 (90 ct) RES105A- \$9 (45ct) RES105B- \$5 (10ct)

Maximum herbal relief for flu symptoms.

**Ingredients:** Proprietary blend: Slippery Elm, Taheebo, Astragalus, Chamomile, White Willow, Papaya, Boneset, Mullein, Lungwort, Garlic, Olive Leaf, Elder & Ginger.

**LUNG GUARDIAN™**

**RES106.** - \$17 (90 ct) RES106A-\$9 (45ct) RES106B- \$5 (10ct)

Herbal alternative for lungs • Mucus lungs & soothes bronchials • MRSA

**Ingredients:** Proprietary blend: Lungwort, Slippery Elm, Mullein, Turmeric, Wild Cherry, Valerian, Elder, Pleurisy Root, Ashwagandha, Schisandra, Ginseng & Capsicum.

**SEASONAL ALLERGIES COMPLEX™**

**RES107.** - \$22 (90 ct) RES107A- \$11 (45ct) RES107B- \$7 (10ct)

Comforting herbal complex for effects of Hay Fever and Allergies.

**Ingredients:** Proprietary blend: Bee Pollen, Mullein, Astragalus, Garlic, Wood Betony, Schisandra, Turmeric, Cramp Bark, Bupleurum, Valerian, Pleurisy Root, Taheebo, Wild Cherry & Ginkgo.

**SEASONAL DEFENSE™**

**RES108.** - \$22 (90 ct) RES108A- \$11 (45ct) RES108B- \$7 (10ct)

Natural combination promoting relief from the effects of Asthma.

**Ingredients:** Proprietary blend: Slippery Elm, American Ginseng, Garlic, Goldenseal, Astragalus, White Willow, Passionflower, Mullein, Bupleurum, Bee Pollen, Schisandra, Lungwort, Wood Betony, Pau D'Arco, Wild Cherry & Ginkgo.

**THROAT EASE™**

**RES109.** - \$18 (90 ct) RES109A- \$9 (45ct) RES109B- \$5 (10ct)

Natural herbal for soothing minor throat irritations.

**Ingredients:** Proprietary blend: Slippery Elm, Echinacea, Garlic, Ginger, Goldenseal, Pau D'Arco & Raspberry.

**RESPIRATORY SYSTEM**

Allergies • Asthma • Colds • Hay Fever  
- 3 different package counts to choose-

**COLD & FLU P.M.™**

**RES101.** - \$17 (90 ct) RES101A- \$9 (45ct) RES101B- \$6 (10ct)

Comfortable relaxation during cold and flu sieges.

**Ingredients:** Proprietary blend: Passionflower, Chamomile, Slippery Elm, Mullein, Valerian & Ginger.

**COLD & SINUS DEFENSE™**

**RES102.** - \$17 (90 ct) RES102A- \$8 (45ct) RES102B- \$5 (10ct)

Natural herbal alternative to antihistamines and decongestants • MRSA

**Ingredients:** Proprietary blend: Echinacea, Lungwort, Slippery Elm, White Willow, Wood Betony, Valerian, Elder, Pleurisy Root, Wild Cherry, Mullein, Ginseng & Ginkgo.

**COUGH EASE™**

**RES103.** - \$16 (90 ct) RES103A- \$8 (45ct) RES103B- \$5 (10ct)

Soothing herbal alternate to cough formulas containing sugars and alcohol.

**Ingredients:** Proprietary blend: Mullein, Lungwort, Wood Betony, Slippery Elm, Horehound, Red Clover, Pleurisy Root, Wild Cherry, Ginger & Althea.

**FEVER DEFENSE™**

**RES104.** - \$15 (90 ct) RES104A- \$8 (45ct) RES104B- \$5 (10ct)

Natural herbal fever reducer & blood cleanser.

**Ingredients:** Proprietary blend: Echinacea, Garlic, Chamomile, White Willow, Passionflower, Slippery Elm, Valerian, Feverfew & Taheebo.

**NERVOUS SYSTEM**

Stress • Tension

- 3 different package counts to choose-

**BRAIN MAX™**

**NER101.** - \$18 (90 ct) **NER101A-** \$9 (45ct) **NER101B-** \$5 (10ct)

ADD/ADHD/Brain Fog • Dementia • Powerfully supports oxygen to the brain.

**Ingredients:** Proprietary blend: **Fo-Ti, Slippery Elm, Hawthorn, Suma, Kelp, Valerian & Ginkgo.**

**BRIGHT THINKING™**

**NER102.** - \$16 (90 ct) **NER102A-** \$8 (45ct) **NER102B-** \$5 (10ct)

ADD/ADHD/Brain Fog • Brain energy.

**Ingredients:** Proprietary blend: **Hawthorn, Slippery Elm, Ashwagandha, Fo-Ti, Schisandra & Ginkgo.**

**D-STRESS™**

**NER103.** - \$15 (90 ct) **NER103A-** \$8 (45ct) **NER103B-** \$5 (10ct)

Herbal combination supporting the nervous system in stressful times.

**Ingredients:** Proprietary blend: **Suma, Passionflower, Slippery Elm, St. Johns Wort, Slippery Elm & Ashwagandha.**

**HEADACHE DEFENSE™**

**NER104.** - \$14 (90 ct) **NER104A-** \$7 (45ct) **NER104B-** \$5 (10ct)

Effective with tension headaches • Sinus headaches.

**Ingredients:** Proprietary blend: **Slippery Elm, Suma, Wood Betony, Passionflower, Feverfew, Valerian, Cramp Bark, Green Tea & Ginkgo.**

**NERVOUS SYSTEM**

Stress • Tension

- 3 different package counts to choose-

**HEADACHE DEFENSE/P.M.™**

**NER105.** - \$16 (90 ct) **NER105A-** \$8 (45ct) **NER105B-** \$5 (10ct)

Promotes restful sleep & relief from tension and sinus headaches.

**Ingredients:** Proprietary blend: **Passionflower, Valerian, Slippery Elm, White Willow, Cramp Bark, Feverfew & Hops.**

**HERBAL NERVE™**

**NER106.** - \$17 (90 ct) **NER106A-** \$8 (45ct) **NER106B-** \$5 (10ct)

Natural herbal support for sedating relief in stress and pain.

**Ingredients:** Proprietary blend: **Chamomile, St. John's Wort, Passionflower, Valerian, Hops & Ashwagandha.**

**PAINEASE™**

**NER107.** - \$16 (90ct) **NER107A-** \$8 (45ct) **NER107B-** \$5 (10ct)

Herbal analgesic • Natural alternative for pain and spasm relief.

**Ingredients:** Proprietary blend: **White Willow, Slippery Elm, Valerian, Hops, Chamomile, Cramp Bark & Passionflower.**

**SLENDERMAX™**

**NER108.** - \$18 (90ct) **NER108A-** \$9 (45ct) **NER108B-** \$5 (10ct)

Herbal support for weight loss. **Caution:** *This product contains caffeine, use with care.* **Note: Results vary per individual.**

**Ingredients:** Proprietary blend: **Slippery Elm, Cascara Sagrada, Suma, Astragalus, Bupleurum, Fo-Ti & Green Tea.**

**SLUMBEREASE™**

**NER109.** - \$15 (90ct) **NER109A-** \$8 (45ct) **NER109B-** \$5 (10ct)

Non-addictive & effective natural sleep aid • Jet lag.

**Ingredients:** Proprietary blend: **Passionflower, Hawthorn, Hops, St. Johns Wort, and Ginger.**

**DIGESTIVE SYSTEM**

Indigestion • Ulcers • Colitis • Gas  
 - 3 different package counts to choose-

**NATURAL HERBAL ENZYMES™**

**DIG105.** - \$13 (90 ct) **DIG105A-** \$7 (45ct) **DIG105B-** \$4 (10ct)

Gas • Bloating • Bad breath

**Ingredients:** Proprietary blend: Papaya Leaf, Spirulina, Papain, Slippery Elm, Fenugreek & Ginger.

**PAST GAS™**

**DIG106.** - \$16 (90 ct) **DIG106A-** \$9 (45ct) **DIG106B-** \$4 (10ct)

Effective in reducing excess gas from dietary indiscretion • Indigestion • Bloating.

**Ingredients:** Proprietary blend: Slippery Elm, Papaya, Valerian, Ginger, Peppermint & Spearmint.

**TUMMY TAMER™**

**DIG107.** - \$13 (90 ct) **DIG107A-** \$7 (45ct) **DIG107B-** \$4 (10ct)

Nausea • Motion sickness • Flu

**Ingredients:** Proprietary blend: Ginger, Chamomile, Slippery Elm, Passionflower, Fennel, Bromelain, & Green Tea.

**DIGESTIVE SYSTEM**

Indigestion • Ulcers • Colitis • Gas  
 - 3 different package counts to choose-

**DIGESTAID™**

**DIG101.** - \$17 (90 ct) **DIG101A-** \$9 (45ct) **DIG101B-**\$5 (10ct)

Natural herbal digestive aid.

**Ingredients:** Proprietary blend: Milk Thistle, Slippery Elm, Papaya, Strawberry Leaf, Red Clover, Wood Betony, Papain, Turmeric, Dandelion & Bromelain.

**E Z LIVER DETOX™**

**DIG102.** - \$14 (90 ct) **DIG102A-** \$8 (45ct) **DIG102B-** \$4 (10ct)

Gentle herbal liver cleansing.

**Ingredients:** Proprietary blend: Milk Thistle, Wood Betony, Slippery Elm, Yellowdock, Dandelion & Turmeric.

**LIVER COMFORT™**

**DIG103.** - \$14 (90 ct) **DIG103A-** \$8 (45ct) **DIG103B-** \$4 (10ct)

Promotes liver regeneration while relieving liver discomfort.

**Ingredients:** Proprietary blend: Milk Thistle, Turmeric, Bupleurum, Papaya, Dandelion & Althea.

**LIVER/LUNG SUPPORT™**

**DIG104.** - \$13 (90 ct) **DIG104A-** \$7 (45ct) **DIG104B-** \$4 (10ct)

Soothing support with inflammation in both liver and lungs.

**Ingredients:** Proprietary blend: Slippery Elm, Milk Thistle, Althea, Mullein, Chamomile, Turmeric & Fennel.

**CIRCULATORY SYSTEM**

Circulation • Blood Pressure • Cholesterol  
 - 3 different package counts to choose-

**CARDIOGUARD™**

**CIR101.** - \$16 (90 ct) **CIR101A-** \$9 (45ct) **CIR101B-** \$5 (10ct)

Angina • Panic attacks

Natural herbal formula that calms over-stimulated Cardiovascular & Circulatory Systems.

**Ingredients:** Proprietary blend: Hawthorn, St. John's Wort, Chamomile, Passionflower, Valerian, Black Walnut & Capsicum.

**CHOLESTEROX™**

**CIR102.** - \$16 (90 ct) **CIR102A-** \$9 (45ct) **CIR102B-** \$5 (10ct)

Promotes and enhances healthy cholesterol levels.

**Ingredients:** Proprietary blend: Hawthorn, Garlic, Milk Thistle, Lecithin, Fo-Ti, Astragalus, Suma, Slippery Elm, Turmeric, Ginkgo, Bromelain & Capsicum.

**CIRCUTONE™**

**CIR103.** - \$13 (90 ct) **CIR103A-** \$7 (45ct) **CIR103B-** \$4 (10ct)

Soothes and promotes circulatory health during sleep.

**Ingredients:** Proprietary blend: Hawthorn, Chamomile, Passionflower & St. John's Wort.

**HEART HEALTH™**

**CIR104.** - \$13 (90 ct) **CIR104A-** \$7 (45ct) **CIR104B-** \$4 (10ct)

Builds and strengthens heart • Blood purifier • Circulation toner.

**Ingredients:** Proprietary blend: Hawthorn, Fo-Ti, Garlic, Slippery Elm, Ginkgo, Fennel & Black Walnut.

**CIRCULATORY SYSTEM**

Circulation • Blood Pressure • Cholesterol  
 - 3 different package counts to choose-

**HYPERTENSE DEFENSE™**

**CIR105.** - \$14 (90 ct) **CIR105A-** \$8 (45ct) **CIR105B-** \$5 (10ct)

Angina • Palpitations • Builds and strengthens heart • Circulation • Blood purifier.

**Ingredients:** Proprietary blend: Hawthorn, St. John's Wort, Garlic, Valerian, Chamomile, Red Clover, Suma, Ginkgo & Capsicum.

**REGUFLO™**

**CIR106.** - \$16 (90 ct) **CIR106A-** \$9 (45ct) **CIR106B-** \$5 (10ct)

Natural herbal combination that supports healthy blood pressure levels.

**Ingredients:** Proprietary blend: Hawthorn, Fo-Ti, Lecithin, Garlic, Valerian Slippery Elm, Ginkgo & Capsicum.

**SUPER CIRC™**

**CIR107.** - \$22 (90 ct) **CIR107A-** \$12 (45ct) **CIR107B-** \$8 (10ct)

Strengthens and stimulates Circulation and Cardiovascular System.

**Ingredients:** Proprietary blend: Hawthorn, Garlic, Astragalus, American Ginseng, Fo-Ti, Goldenseal, Turmeric, Chamomile, Passionflower, Valerian, Ginkgo & Cayenne.



**GLANDULAR SYSTEM**

Thyroid • Pancreas • Kidneys • Metabolism  
 - 3 different package counts to choose-

**ADRENAL COMFORT™**

GLA101 - \$14 (90 ct) GLA101A- \$8 (45ct) GLA101B- \$5 (10ct)

Adrenal re-builder • Important herbal combination for the "stressed out" individuals.  
Ingredients: Proprietary blend: Ashwaganda, Rhodiola, Bupleurum, Sarsaparilla, Schisandra, Astragalus, Passionflower, Hawthorn, Wood Betony, Milk Thistle, Slippery Elm, Kelp, Ginger & Dandelion.

**BLOOD SUGAR BLISS™**

GLA102 - \$14 (90 ct) GLA102A- \$8 (45ct) GLA102B- \$5 (10ct)

Natural herbal combination offers balance with blood sugar, mealtimes and sugar swings.

Ingredients: Proprietary blend: Pueraria, Raspberry, Slippery Elm, Papaya, Taheebo, Spirulina, Barley Grass, Wheat Grass, Chlorella, Fenugreek, Garlic, Turmeric, Ginger, Ginseng & Dandelion.

**GALLBLADDER SUPPORT™**

GLA103 - \$13 (90 ct) GLA103A- \$7 (45ct) GLA103B- \$5 (10ct)

Effective cleanser • Provides herbal support to gallbladder challenges.

Ingredients: Proprietary blend: Milk Thistle, Slippery Elm, Cascara Sagrada Valerian, Anise, Wood Betony & Yellowdock.

**LYMPHATONE™**

GLA104 - \$22 (90 ct) GLA104A- \$12 (45ct) GLA104B- \$8 (10ct)

Contributes to cleansing the blood and lymphatic systems.

Ingredients: Proprietary blend: Taheebo, Goldenseal, Slippery Elm, Red Clover, Ginger & Dandelion.

**GLANDULAR SYSTEM**

Thyroid • Pancreas • Kidneys • Metabolism  
 - 3 different package counts to choose-

**PANCREAS BALANCE™**

GLA105 - \$16 (90 ct) GLA105A- \$9 (45ct) GLA105B- \$6 (10ct)

Natural daily herbal formula that supports normal pancreas function.

Ingredients: Proprietary blend: Pueraria, Papaya, Milk Thistle, Lapacho, Barley Grass, Goldenseal, Slippery Elm, Spirulina, Pumpkinseed, Wheat Grass, Papain, Astragalus, Chlorella, Fenugreek, Dandelion & Capsicum.

**SERENE DAY™**

GLA106 - \$29 (90 ct) GLA106A- \$15 (45ct) GLA106B- \$9 (10ct)

Herbal combination supporting balanced moods • Positively affects anxiety Hyperactivity and stress.

Ingredients: Proprietary blend: St. John's Wort, Ashwagandha, Schisandra, Pumpkinseed, Bupleurum, Fo-Ti, Chamomile, Wood Betony, American Ginseng, Valerian, Passionflower & Ginger.

**THE BUILDER™**

GLA107 - \$18 (90 ct) GLA107A- \$9 (45ct) GLA107B- \$5 (10ct)

Herbal glandular to boost Endocrine System.

Ingredients: Proprietary blend: Suma, Slippery Elm, Dong Quai, Echinacea, Red Clover, Astragalus, Sarsaparilla, Pygeum, Pumpkinseed, Schisandra, Ginger & Ginkgo .

**THYROIDMAX™**

GLA108 - \$13 (90 ct) GLA108A- \$7 (45ct) GLA108B- \$4 (10ct)

Boosts metabolism • Stimulates & regulates thyroid.

Ingredients: Proprietary blend: Kelp, Irish Moss, Slippery Elm & Ginger.

**FORMULAS FOR WOMEN**

Menopause • Fertility • PMS  
 - 3 different package counts to choose-

**FERTILE ESSENCE I™**

**WOM101 - \$34** (90 ct) **WOM101A- \$18** (45ct) **WOM101B- \$10** (10 ct)

Enhances fertility • Naturally complete PRE ovulation support.

**Ingredients:** Proprietary blend: **Suma, Maca, Red Clover, Damiana, Fo-Ti, Ashwagandha & Ginger.**

*Fertile Essence I contains approx. 418mg. plant hormones per capsule, used strictly for fertility.*

**FERTILE ESSENCE II™**

**WOM102 - \$34** (90 ct) **WOM102A- \$18** (45ct) **WOM102B- \$10** (10 ct)

Enhances fertility • Naturally complete POST ovulation support.

**Ingredients:** Proprietary blend: **Cramp Bark, Chaste Tree Berry, Ashwagandha, Schisandra, Damiana, Fo-Ti, Wild Yam, Maca, Turmeric & Ginger.**

*Fertile Essence II contains approx. 333mg. plant hormones per capsule, used strictly for fertility.*

**MUSE RENEW™**

**WOM103 - \$20** (90 ct) **WOM103A- \$11** (45ct) **WOM103B- \$8** (10 ct)

Menstrual problems • Cramps • Supports female organs.

**Ingredients:** Proprietary blend: **Cramp Bark, Slippery Elm, Dong Quai, White Willow, Ashwagandha, Chasteberry, Passion Flower, Valerian & Black Cohosh.**

*Muse Renew™ contains approx. 235 mg. natural plant hormones per capsule.*

**FEMININE ESSENCE™**

**WOM104 - \$31** (90 ct) **WOM104A- \$16** (45ct) **WOM104B- \$10** (10 ct)

Anti-aging • Menopause • Enhances sexual sensation • Breast enhancer • Natural and complete balanced herbal plant hormones • Enhances libido.

**Ingredients:** Proprietary blend: **Slippery Elm, Maca, Suma, Catuaba, Dong Quai, Black Cohosh, Chasteberry, Schisandra, Fo-Ti, Muira Puama, Ashwagandha, Red Clover, Chamomile, Damiana, Wild Yam, Ginkgo & Ginger.**

*Feminine Essence™ contains approx. 374 mg. natural plant hormones per capsule.*

**FORMULAS FOR WOMEN**

Menopause • Fertility • PMS  
 - 3 different package counts to choose-

**PROGEST BALANCE™**

**WOM105 - \$32** (90 ct) **WOM105A- \$18** (45ct) **WOM105B- \$10** (10 ct)

Supportive by promoting balanced cortisol levels, assisting progesterone health, and protecting the liver.

**Ingredients:** Proprietary blend: **Chasteberry, Ashwagandha, Milk Thistle, Wild Yam, Rhodiola, Damiana, Schisandra, Ginger & Dandelion.**

*Progest Balance™ contains approx 288mg. natural plant hormones per capsule.*

**GOLDEN FEMININE™**

**WOM106 - \$31** (90 ct) **WOM106A- \$16** (45ct) **WOM106B- \$10** (10 ct)

Anti-aging • Post Menopause • Natural and complete herbal plant hormones for women in their golden years. • Anti-Aging

**Ingredients:** Proprietary blend: **Catuaba, Maca, Red Clover, Damiana, Suma, Wild Yam, Fo-Ti, Muira Puama, Slippery Elm, Ashwagandha, Astragalus, Ginkgo & Ginger.** *Golden Feminine™ contains approx 400 mg. natural plant hormones per capsule.*

**GOLDEN FEMININE PLUS™ NEW!!**

**WOM107 - \$35** (90 ct) **WOM107A- \$18** (45ct) **WOM107B- \$10** (10 ct)

Anti-aging • Post Menopause • Enhances sexual sensation & libido • Naturally balanced for "Hormone Sensitives" between 60-100 years young. Helpful with Hormonal issues: breast swelling, Cortisol overload, vaginal dryness & vaginal wall thinning, insomnia, weight gain, dry skin, mood swings, chronic fatigue (adrenal), and headaches.

**Ingredients:** Proprietary blend: **Maca, Fo-Ti, Muira Puama, Red Clover, Suma, Damiana, Wild Yam, Slippery Elm, Catuaba, Astragalus, Ashwagandha, Ginger & Ginkgo.** *Golden Feminine Plus™ contains approx 400 mg. natural plant hormones per capsule.*

**FORMULAS FOR MEN**

Impotence • Sexual Potency • Prostate  
- 3 different package counts to choose-

**STAMINEX™**

**MEN101.** - \$29 (90 ct) **MEN101A-** \$15 (45ct) **MEN101B-** \$8 (10ct)

Sexual performance builder • Natural and complete herbal for virility in maturing men • Positively enhances libido.

**Ingredients:** Proprietary blend: Ginseng, Suma, Saw Palmetto, Maca, Catuaba, Muira Puama, Sarsaparilla, Astragalus, American Ginseng, Ashwagandha, Fo-Ti, Pygeum, Horney Goat Weed, Schisandra, Capsicum & Ginkgo.

**PROSTATE HEALTH™**

**URI105.** - \$24 (90 ct) **URI105A-** \$12 (45ct) **URI105B-** \$9 (10ct)

Promotes prostate health and urinary consistency.

**Ingredients:** Proprietary blend: Saw Palmetto, Catuaba, Pumpkinseed, Wood Betony, Pau D'Arco, Pygeum, Goldenseal & Ginger.

**ENERGY HERBALS**

Strength • Stamina

- 3 different package counts to choose-

**ENERGEX™**

**ENE101.** - \$32 (90 ct) **ENE101A-** \$18 (45ct) **ENE101B-** \$10 (10ct)

Non-addictive natural energizer with super potency for physical stress & endurance  
Alleviates fatigue • Enhances testosterone • Enhances hair growth • Increases energy • Jet lag • Muscle building.

*Note: Combine with SuperCirc™ for an additional energy day.*

**Ingredients:** Proprietary blend: American Ginseng, Chinese Ginseng, Fo-Ti, Astragalus, Schisandra, Suma, Ashwagandha & Ginger.



**The Defender™ Gargle**

**2 ounces \$9**

**Ingredients:** Proprietary blend: Echinacea, Goldenseal, Slippery Elm, Hyssop.

**Directions:** Steep gargle in hot water for 2-3 minutes. Gargle.  
*Great for sore throats, and allergy (scratchy) throats.*



### **TOP DOG™ FORMULAS**

*Top Dog™ formulas are packaged in the same FDA approved packaging as the capsule packages you normally use. All compounds synergize very well with each other.*

*Every effort is made to provide the highest level of natural and organic GRAS botanical herbs and supplements for each formulation.*

*The compounds are guaranteed free of: corn, soy, milk, egg, no added sugar, or salt.*

#### **Note:**

Some dogs prefer a capsule wrapped in a favorite treat. Others will reject a capsule. In that case, open the capsule and mix it in food or a treat. *It's helpful to combine some of the compounds for their synergistic effects such as an Immune compound with the Defender compound for effective enhancement when an infection is evident. As with all health practices, consult your health professional when using supplements.*

### **TOP DOG™ IMMUNE SYSTEM COMPOUNDS**

#### **TOP DOG™ DEFENSE™**

**TD205A. - \$28 (45ct)**

Effective canine herbal infection/virus formula with natural antibacterial properties.

**TOP DOG™ DEFENSE™** is a powerful immune stimulating "herbal antibiotic" effective for colds, virus, flu & infections (Kennel Cough).

**Proprietary blend:** Echinacea, Goldenseal, Pau D'Arco, Red Clover, Astragalus, & Ginger.

#### **TOP DOG™ CONTENDER™**

**TD206. - \$30 (90ct)**

Useful protection in tumors, cancers, Auto Immune Disorders, and Lyme Disease. Additional protective elements for physical defense to fight bacteria and viral infections; particularly in cancer. Formula provides effective immune strengthening and oxygenates blood and tissues for improved immune function during health crisis, including allergies.

**Proprietary blend:** Echinacea, Goldenseal, Pau D'Arco, Red Clover, Astragalus, Ashwagandha, Fo-Ti, Bupleurum, Pumpkin, Chickweed & Ginger.

### **TOP DOG™ PARASITE CLEANSER**

#### **TOP DOG™ PARASITE CLEANSER™**

**TD207. - \$24 (90ct) TD207A- \$15 (45ct)**

Formula provides effective all natural parasite cleansing.

**Proprietary blend:** Taheebo, Pumpkin Seed, Cascara Sagrada, Black Walnut, Olive Leaf, Echinacea, Red Clover, Slippery Elm, & Ginger.

**FYI:**

**THE NATURAL SAGE™** has ongoing additions and improvements based on new research and market data.

Our formulary will reflect changes periodically. Three size packages are now available for your convenience.

Your herbal formulas are packaged in FDA approved tamper-resistant paper/polyfoil packaging (see back page for image) that contributes minutely to landfill, compared to rigid containers such as plastic bottles. This packaging is re-sealable, vapor-guarded, light impenetrable, tamper-resistant, and shipped with care.

**THE NATURAL SAGE™** strives for a negative carbon footprint, and consistently makes every effort toward that end.

**THE NATURAL SAGE™** thanks you for your loyal patronage.

**Image of packaging**



**THE NATURAL SAGE™**  
**P.O. Box 6402**  
**Portsmouth, VA 23703**  
**757. 541.8646**

**THE NATURAL SAGE™** herbals are proudly made entirely in the United States of America.



**<https://TheSageLady.com>**